

Community–Led Preparedness Training 2023 Report

"CPT" Project

Sponsored by:
Climate Justice
Collaborative,
City of Boulder
Climate Initiatives,
Community
Foundation of
Boulder County &
Philanthropiece



COMMUNITY
FOUNDATION
BOULDER COUNTY



What is the Community–Led Preparedness Training Project?

The **Community-Led Preparedness Training** project “CPT” is a workshop series to inform and empower residents of low income housing communities on how to better manage and prepare for a climate emergency. Knowing that it’s the impacted people themselves who have the wisdom, lived experiences and skills to address issues in their own communities, the CPT project was developed by Frontline community members for Frontline communities.

The initial workshops took place in 2022 in Red Oak, with 28 residents in both Spanish and English languages. Due to the positive impact of the workshops and high-demand for it, the CPT leaders implemented a Train-the-Trainers initiative in 2023, successfully certifying 19 community members to lead the CPT program in their own communities. This report details that activity and 2024 CPT project goals.

2023 Results

- Developed the CPT Train-the-Trainers curricula and training model
- 3 participants from the 2022 pilot project were very excited to become trained during the 2023 Train the Trainer.
- 19 Graduates, CPT Train-the-Trainers
8 English-language and 11 Spanish-language course participants
- Phase 2 consisted of trainers co-facilitating each module to participants that they invited from their communities. 6 English language and 6 Spanish Language.
- 36 training hours completed, 684 hours per the 19 Trainers. As well as 15 hours completed by the phase 2 participants which came to 180 hours.
- Topics covered: Proper storage of food, power outage preparedness, herbal stress relief, evacuation plan, and fireproof storage.
- Guest presenters: Rebecca West from the Boulder Fire Department , Avani Gudrun Dilger from Natural Highs

Survey Fact

- Of the total participants, 31.8% have had to evacuate, however, of this percentage, 41.7% were Hispanic families.



CPT in the News

2013 Flood: 10 Years Later, Boulder has Learned Resiliency, Preparedness

Having lived through emergencies before — a tornado had left her former home in North Carolina severely damaged — Isabel Sanchez was ready to act when her home started flooding and was able to evacuate with her family, but after living through the flood and other, more recent disasters, she encountered other people who were less prepared than she was. Eventually, she was moved to create her own disaster preparedness training program. Although her program, Community-Led Preparedness for Climate Emergencies, is very new, she is training 20 community leaders to become trainers who will lead preparedness classes in different locations. The classes will be offered in English and Spanish.

Sanchez said there are seniors, school-age kids, people in mobile home parks, undocumented immigrants and others who are afraid to seek shelter and don't know where to go for help in an emergency.

“There's no trust, and people are just afraid. They're afraid...they don't have a lot and they're afraid that they'll lose this stuff,” she said. **“We want to kind of give that trust and that feeling that they have some information and they have choices.”**

— *Daily Camera*, 9/10/2023

Boulder Scientist Ties Severity of Colorado's 2013 Flood to Climate Change

“As strong as these climate emergencies are, we as humans and nature are so resilient, to yield and create newness again,” Isabel Sanchez said. “I have learned so much in these floods and these emergencies that really have impacted my life, my children's lives, my neighbor's lives, my community.” — *Daily Camera*, 6/22/2015

Helping Themselves: When it comes to disaster, Boulder looks to Mutual Aid Model

“For participants in the Train the Trainer class, the intention is to learn to teach the class with a partner and get ready to go out into the community to teach families that are in mobile homes or in affordable housing.”

“Taking the CPT class has reminded me how helpful we can be to each other by having the right information and tools,” says Nancy Medina, a class participant. “Having a class that brings a different perspective and understanding on how we can work together to add positive support on a daily basis can be a start of a new way of showing with kind words and respectful actions to others.”

— *Daily Camera*, 9/10/2023

CPT 2023 Successes

- **Investment** of \$112,906 from the City of Boulder Climate Initiatives department, including funds for participant honoraria.
- **In kind support** from City of Boulder for: printing costs, translation service, centralized location, and parking permits.
- **Successful outreach** resulting in full participation in both the English and Spanish Train-the-trainers sessions.
- **Equitable access** related to transportation, child care (participants were able to bring children during school closures or when needed), food, etc.
- **Positive feedback** such as:
 - “This training and conversation can’t stop here...we need more.”
 - “Thank you Isa, Angela, and Rebecca for thinking about our community and offering (the course) in Spanish; I have been to other trainings and I always feel like I don’t belong there - not having an interpreter does not always feel welcoming.”
- With so much **widespread attention** the CPT was featured in several news articles including the Sunday front page of *The Daily Camera* in September on the anniversary of the Boulder Flood. We were also featured in the December issue of *The Boulder Weekly* on the anniversary of the Marshall Fire.
- **Participants:**
 - Many are current residents of Manufactured/Mobile Home Communities and Boulder Housing Partners.
 - Live throughout Boulder County, including cities of Longmont, Lafayette, and Dacono.
 - Have created connections with each other outside of the class and now feel more resourced by their community connections especially in the case of an emergency.
 - Were encouraged to look at themselves as the true first responders and learned that by being better prepared it would lessen the strain on our city and county first responders.

Co-founders/Trainers:



Isabel Sanchez:
Mapleton Mobile Home Park resident
& community organizer



Angela Maria Ortiz Roa:
Mapleton Mobile Home Park resident
& community organizer



Rebecca Caridad Facticeau:
Cultural Broker & community resident
serving as project manager

Testimonials

“This is such a wonderful deep training on so many levels. Feel - deep pain, feeling so overwhelmed but also this class is such a life raft for my life and finding the strength and inspiration to go on and through , Thank you!”

“Con cada clase me siento más segura sobre como actuar en caso de emergencia, y es muy importante compartir el contenido de este taller en todos los condados, pero necesito conocer con quien hablar en los condados para dar a conocer esta información a las comunidades más desfavorecidas.”

“The conversations about fire safety are so important!”

“I really learned a lot from this Training and am NOW more prepared than before. I really appreciated ALL Emergency Supplies I received from this Training! IM VERY GREATFUL! THANK YOU!”

“Estoy feliz de tener conversaciones sobre crisis climática. Me gustaría que hablemos más sobre las causas y acciones que podemos tomar para cambiar y mitigar el cambio. Estas clases nos llevan a otro nivel de preparación para poder sobrevivir ante un desastre o emergencia. Como instructoras deberíamos tener una clase para saber como lidiar en situaciones difíciles en las clases, tenemos muchas necesidades como comunidad, aprender sobre estas emergencias y como actuamos. **Es urgente que esta capacitación llegue a la mayor cantidad de familias.**”

CPT 2023 Areas for Improvement

- **Digitization** of record sheets for more efficiency.
- Addressing materials **storage** needs.
- Identifying the best **physical space** to hold each workshop series.
- Improving **data capture** to accurately reflect the complexity of the feedback and comments of participants, especially as relates to critical conversations that took place around race, discrimination, and abuse related to the topics of the CPT workshop series.
- **Integrate diversity (JEDI) training** for CPT trainers to be best prepared to facilitate the workshops, and to respond in community crisis situations in general.
- Build upon the **stress relief** offering to include additional mental health resources and tools, such as breathing and centering practices.

CPT 2023 Needs

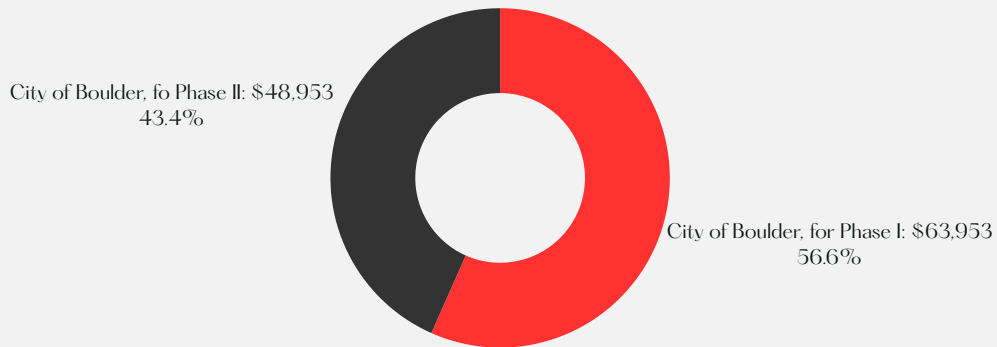
- Ongoing additional **capacity building** for CPT trainers to be best prepared to provide the course in their (and other) communities.
- Resources to create **trainer supply kits** for the new trainers to facilitate the CPT workshop series.
- **Data collection** and capturing of nuanced complex trends and patterns.
- Improved **communication platform** for participants (i.e. Whatsapp group)

WHAT'S IN
YOUR
BACKPACK?

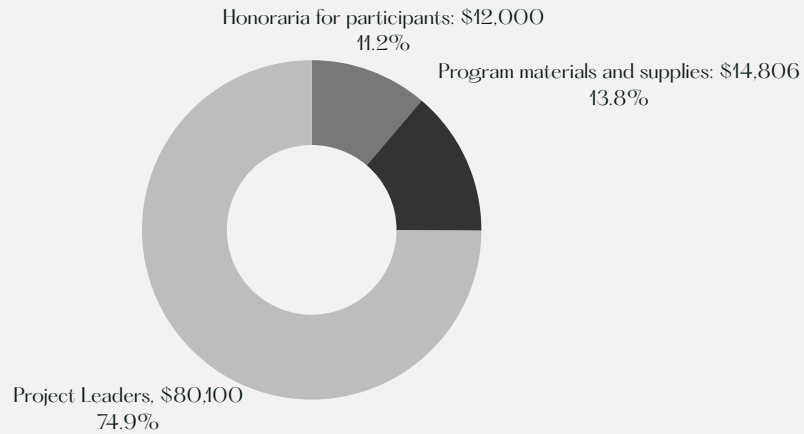


Financials

Income:
\$112,906.00



Expenses:
\$112,906.00



- Remaining funds: \$0.00
- In-kind donation provided by: Philanthropiece Foundation, Climate Justice Collaborative of Boulder County, City of Boulder Community Connectors, and Boulder Public Library

2024 CPT Project Objectives

- **100% of graduated trainers engage in offering CPT workshops.**
 - **8 multi-week CPT courses to neighborhood groups and/or organizations.**
 - Impacting residents of diverse, underserved, disproportionately impacted communities throughout Boulder County and the region.
 - The certified CPT trainers identify the groups to receive the training.
 - **80-96 graduates of the CPT course in 2024.**
 - 10-12 community members per course, group size is intentional
 - Consider the indirect impact of full households, families, and communities
 - More work needed to determine this #; important to note that passing along/sharing the information and emergency planning and building community is an expectation of the CPT. We will work to measure this in 2024.
 - **7 partner/funding organizations**
 - Organizations that we will work with to implement and fund CPT.
 - We have already outreached: City of Boulder; CO Department of Public Health and the Environment; The Denver Foundation; Groundworks Colorado; The Funders Network/Partners for Places; Thorton Community Connection.
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Partnership Opportunities

- **Core Funding:** Any amount supports in compensating the Project leaders, curriculum development, outreach, resource mobilization, reporting and communication to advance the CPT project.
- **Cover the cost of a CPT Workshop:** Any amount up to \$12,000.00 will support the delivery of a multi-week CPT workshop in a particular community and/or with a specific organization.
- **Connecting communities:** Work with the CPT team and certified trainers to identify and connect with communities and organizations to receive the CPT workshop series.
- **Fostering partnerships:** Support the CPT team in gaining sponsorships, branding partners, funding partners, etc.





Thank You

Climate Justice Collaborative

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Emily Sandoval, Jonathan Koehn and all at the City of Boulder Climate Initiatives Department

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Rebecca West, City of Boulder Fire Rescue

Avani Gudrun Dilger, Allison Gruidel, Armanda Giles, Natural Highs

Silvana Munro, Absolute Translations

All of the Staff at the Boulder Public Library



Interested in participating?

If you would like to attend or contribute to a CPT course please contact us!

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